

Level 2 - RSM

Block Manufacture and Design

Specifications describing concrete block compressive strength and water absorption are described in ASTM standards C55, C145, C90, and C129, and CSA A165.1.

The concrete mixture and proportions of ingredients dictate the density, strength, and porosity of the surface. Semi lightweight and lightweight blocks substitute lightweight aggregates such as these have much lower density than the standard types. While the lighter weight block may offer advantages from a general construction perspective, the lower density and high porosity for easier ingress of water and the problems/issues that come with it. Also, the density of block will also have a significant effect on coating consumption: the more porous lightweight block the amount of block filler to produce a "filled" surface. All these factors can ultimately affect which coating system we choose.

Regardless of the type or shape, concrete block has a very porous surface and usually requires a block filler as the primer to create a surface suitable for the application of most coatings.

CMU offers advantages over other types of concrete construction. Tilt-up, for example, creates a wall that's 4" thick. Concrete Masonry Unit (block) constructed buildings are typically constructed of rectangular blocks stacked on top of one another with a mortar mix made up of cement, sand, additives, and water acting as the glue that holds them in place — a method also referred to as "dry-laid." Rows of blocks are added to achieve the desired height of the building. Concrete block walls are typically 8" thick and more energy efficient than tilt-up. If desired, insulation material may be added between blocks, and some kind of finishing system and insulation may be added on the inside wall that may or may not incorporate an air barrier membrane.

MOISTURE ISSUES

Vapor Drive

Temperature differences will also drive moisture vapor from inside to outside and vice versa: moisture vapor naturally moves from the warm side of a wall to the cold side. Which side is wa

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SURFACE PREPARATION FOR CMU AND BRICK

If the current coatings are intact overall and an overcoat is all that's necessary, preparation protocols for CMU are similar to those used for concrete. Preparation of the different types of CMU (fluted) differ as follows: if grooves in scored block are bridged or filled in, they must be cleaned out by grinding with hand or power tools or whatever mechanical means are required, and the primer, if needed. With split face, scored, and fluted CMU, hand tooling during preparation may be necessary due to the unevenness of the blocks.

However, with buildings constructed from brick or CMU, there is a limit to how many times a wall can be refurbished simply by power washing and/or roughening the surface and applying a new coat. The concerns discussed in the opening section (incompatibility of the existing coating with the desired repaint material, or the existing coating being too poorly adhered to support the weight of the new coat), CMU and masonry surfaces pose the additional consideration that adding another coat to what's already there may reduce the permeability of the system to the point that moisture vapor cannot escape.

In these cases, some or all of the existing coating needs to be removed with proper surface preparation practices. And full removal of failing coatings on CMU or brick surfaces can add significant cost to the maintenance painting.

Shortcomings of Surface Prep Standards

As we discussed in the section on Concrete, there are industry standards describing methods of surface preparation for concrete and masonry surfaces — however, most of the standards are for concrete rather than painted CMU or brick.

Also, the standards do not describe definitively the degree of cleanliness beyond stating that a sound concrete surface free of laitance, glaze, efflorescence, and incompatible curing compounds. They provide specific acceptance criteria when removing existing paint from these substrates.

Standards that may be referenced (along with their potential shortcomings for use with CMU and clay masonry surfaces) include:

SSPC-SP13/NACE No. 6, Surface Preparation of Concrete

Many of the methods described within (abrasive blasting, shotblasting, wet blasting) can remove existing coatings but may significantly roughen or damage block or brick and mortar joints.

SSPC-SP12/NACE No. 5 Surface Preparation and Cleaning of Metals by Water Jetting Prior to Recoating

Wet methods will remove poorly adhered coating, allow intact coating to remain, or completely remove existing coating if higher pressures and dwell times are used. While these are less destructive than dry methods, some roughening will occur. And while the methods described in the standard are suitable for use on concrete and masonry surfaces, the acceptance criteria described for each are for metallic substrates.

ASTM D4259, Standard Practice for Abrading Concrete.

This practice addresses methods for removing coatings and roughening the surface but many of the methods described can damage the substrate.

ICRI Guideline No. 310.2-1997 (formerly No. 03732), Selecting and Specifying Concrete Surface Preparation for Sealers, Coatings, and Polymer Overlays

We described this in detail in the preceding "Concrete" section. Some of the methods described are suitable for removing coatings from CMU and brick (abrasive blasting, scarifying, needle gunning, etc.). A major drawback of being extremely aggressive to the substrate. More suitable methods such as high and ultra-high-pressure water jetting are also covered, as well as low pressure water cleaning. Methods described that will not remove coatings or are not suitable for CMU or brick include detergent scrubbing, acid etching, grinding, shotblasting, scabbling, flame blasting, etc.

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IMPORTANT NOTES - CONCRETE MASONRY UNITS

DESCRIPTION OF THE SUBSTRATE

- Concrete masonry units (CMU's) are sometimes referred to as concrete block, cement block, cinder block or light-weight block.
- The block face can be smooth, split-face or scored.
- The blocks are cured from 14 – 30 days before they are shipped to a construction site.
- The blocks come in various shapes & sizes as well as various weights and densities.
- Regardless of the type or shape, new concrete blocks have a very porous surface that usually requires a block-filler as a primer.

ASSESSMENT & DSD LEVELS

Likely causes of coating failures on concrete masonry units:

- Moisture issues
- Moisture vapor – caused by humidity or temperature differences
- Construction issues – defective gutters, flashing, roofing, etc.
- Design and environment issues
- Too much paint – non-breathable systems
- Issues with clear coatings

Surface defects and flaws:

- Efflorescence – this is the highly alkaline white powdery substance that results when block & mortar joints are exposed to moisture or water infiltration over time.
- Mold & mildew – also caused by moisture. This must be removed prior to applying a repaint coating.

DSD 0 – ideal surface, a color or gloss change may be preferred
DSD 1 – slightly deteriorated coating on concrete masonry units
DSD 2 – moderately deteriorated coating on concrete masonry units
DSD 3 – severely deteriorated coating on concrete masonry units
DSD 4 – substrate damage to the concrete masonry units

COATING PRODUCTS & SYSTEMS

Considerations for choosing a coating:

- Location
- Type of block used
- Breathability of the existing coating and the new repaint system

Block Profile – smooth, split-faced, fluted, etc.



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STUDY Q & A - QUESTIONS



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Questions - Concrete Masonry Units

1. Concrete masonry units are sometimes referred to as _____ block, cement block, _____ block or lightweight block.
2. Concrete masonry units can be smooth, _____, fluted, ribbed or scored.
3. The _____ of the block will have a significant effect on coating consumption.
4. Moisture vapor naturally moves from areas of _____ concentration to areas of _____ concentration.
5. Other sources of moisture in the CMUs include: water intrusion from wind-driven rain through pinholes; _____ caused by the building settling; and defective g
6. When choosing a repaint system, the _____ of the existing coating(s) must be considered.
7. _____ systems are very good for aggressive environments.
8. In an interior situation, when a latex system has been specified, a/an _____ primer should be used on areas that have been prepped back to bare CMU surface.
9. Choosing the method of surface preparation for CMUs is dependent upon surface _____, defects and the _____ of DSD.
10. A pH level between ____ and ____ is acceptable for concrete masonry units.

System Review Questions - Concrete Masonry Units

1. What MPI # would you use if the system required is REX 4.2C G3 (for a topcoat)?
2. What MPI # would you use if the system required is REX 4.2A G5 (for a topcoat)?
3. What MPI # would you use as an intermediate coat if the system required is RIN 4.2E?
4. What MPI # would you use if the system required is RIN 4.2L G3?